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### Anticoagulant “Blood Thinner” Instructions

**Some medications need to be stopped prior to certain procedures. If you are taking a blood thinning medication, we must have clearance from the prescribing physician that it is ok for you to stop taking a blood thinning medication.**

For your safety, do not stop taking these medications before approval is received from your prescribing physician.

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| **Blood Thinner Restrictions for Epidural and Cervical Procedures** |
| **7 days** | **5 days** | **3 days** | **1 day** | **8 hours** |
|  | Coumadin/Jantoven (Warfarin) | Pletal (Cilostazol) | Lovenox (enoxaparin) | *SubQ heparin* |
| Plavix (Clopidogrel) | Arixtra (fondaparinux) | Savaysa (edoxaban) | Fragmin (dalteparin) |  |
| Effient (Prasugrel) | Pradaxa (dibigatran) | Xarelto (rivaroxaban*)* | Aggrastat (tirofiban) |  |
| Trental (Pentoxifylline) | *Brillinta (Ticagrelor)* |  | Integrelin (eptifibatide) |  |
| Aspirin  | Aggrenox(Aspirin/Dipyrimidole*)* |  |  |  |
|  | Eliquis (apixaban) |  |  |  |
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| **Major Procedures (Procedures requiring an incision) and Trials***To include above instructions if applicable* |
| **7 days** | Fish oil, Vitamin E, Ginkoba, NSAIDs, and/or Aspirin |

**If your blood thinner medication is not in the above table, please contact your doctor for further information regarding management.**